



Granada Gazette Parks & Recreation

January 2020



Fall Recap for GCSD Parks & Recreation, Parks Advisory Committee (PAC) Schedule of Winter/Spring Recreation and Classes

The Granada Community Services District and the Parks Advisory Committee (PAC) members were busy with two big initiatives in the fall of 2019.

- **A Parks and Recreation Community Interest Survey** was mailed to all GCSD households and was also available online, in English and Spanish. It solicited community preferences on the new Burnham Park, a potential Community Recreation Center, and Recreation offerings. More than 500 GCSD residents responded to the survey. This enthusiastic response has provided GCSD with a robust view of community interests to shape ongoing planning.
- **A Burnham Park Public Planning Workshop** at the El Granada Elementary School was attended by about 50 enthusiastic GCSD residents and facilitated by PAC members Nancy Marsh, Pat Tierney, Paul Koelsch, Fran Pollard, Michelle Dragony, and Parks and Recreation Coordinator, Claudia Marshall. Steve Kikuchi from landscape design firm Kikuchi+Kankel provided expert guidance on the features and constraints of the Burnham Strip property. Participants broke out into 6 groups, including one for the kids, and were provided with materials to prioritize and map to scale their most favored features for the park. All GCSD Board members attended to observe and listen in as residents debated features and locations and built their maps.

Full reports for both initiatives are posted on the GCSD website Parks & Recreation page (www.granada.ca.gov/parks). The GCSD Board is moving forward with more detailed planning for Burnham Park in the New Year.

GCSD also hosted an Adaptive Cycling for Kids with Special Needs event on October 11th for local children and their parents. Bay Area Outreach & Recreation Program (BORP) provided specialized bicycles, the Mirada Bluff Coastal Trail provided a beautiful venue, and the kids provided enthusiasm and lots of laughter at this fun and energizing event, supported by PAC members Pat Tierney and Michelle Dragony.

GCSD Parks & Recreation adopted its own mission statement (below) which was approved by the Board of Directors during its November Board Meeting.

Parks and Recreation's mission is to serve the GCSD community with thoughtful development of parks and provision of recreational activities for residents of all ages and abilities, with a dedicated focus on environmental stewardship.

The Board also approved the establishment of **Winter/Spring Recreation and Classes** slated to start in early February.

Connection to Recreation

GCSD's 2020 Winter/Spring Recreation and Classes:



**February 8, March 14, April 18, and May 9
FOUR COMMUNITY WALKS, Leader: Barbara Dye**

Join local El Granada resident experts on a variety of walks to learn more about our Coastal birds, the history of the Harbor, a relaxing nature walk through Quarry Park, or the history of El Granada. These walks reveal a surprising story of conservation and community activism.

All walks are on Saturday morning (once a month) from 9:00 am–11:00 am

February 8, March 14, April 18, and May 9

The Walks are FREE to all GCSD residents.

Ages: Anyone interested in birds and/or history is welcome. Children under 18 must be accompanied by a parent or legal guardian.

Preregistration: Suggested in the event of schedule change. Drop-ins welcome.

All walks will be led by Barbara Dye, with co-leaders as shown below. Barbara moved to El Granada in 2014 and has served on the board of the Granada Community Services District since 2017. Barbara has been leading nature and history walks for 30 years and she loves sharing her passion for nature. She is a docent at Fitzgerald Marine Reserve and serves on the Stewardship Committee for Coastside Land Trust.

1—February 8: BIRDS OF PILLAR POINT, Leader: Donna Pomeroy

Outstanding local naturalist Donna Pomeroy will lead this walk. Participants will observe the many interesting birds to be seen on this site. As many as 50 species may be observed there. Most of the walk will be easy, with two steeper sections as we take the trail up to the bluff top. Meet at the Pillar Point Bluffs parking lot on Airport Street.

Donna has a BS in wildlife management from Humboldt State University. She has been a birder since high school and a photographer even longer than that. Now retired, she spends much of her time photographing wildlife and volunteering for Sequoia Audubon Society. A longtime resident of El Granada, Donna also volunteers for the California Academy of Sciences' intertidal monitoring project at Pillar Point, as well as many other citizen science projects.

To register, go to <https://www.eventbrite.com/e/birds-of-pillar-point-tickets-89638080913>

2—March 14: THE HARBOR – EARLY RESIDENTS AND MARINE HISTORY, Co-Leader: Matthew Clark

GCSD Board member Matthew Clark will co-lead this walk. The walk will cover the Native American settlements in the Pillar Point region and the impacts of the Spanish invasion, the early settlers and the first port development, the tidal wave, and the building of the current harbor. Meet in front of the Harbor District's Harbormaster's Office, at the foot of the main pier.

Registered Professional Archaeologist Matthew Clark has over 43 years of experience and completed over 150 mostly prehistoric Native American and historical projects in San Mateo County, the majority along the Coastside.

To register, go to <https://www.eventbrite.com/e/the-harbor-early-residents-marine-history-tickets-89643902325>

3—April 18: QUARRY PARK – MIXED HABITATS AND A PRESERVATION SUCCESS, Co-Leader: Fran Pollard

Longtime area resident Fran Pollard will co-lead this walk. Learn about the geology, trees, and wildflowers of this large park as you walk up to the quarry bowl. The walk will cover how the park was saved from development, and will discuss the County's plans for the future. Meet at the Quarry Park picnic area.

Fran Pollard moved here in 1971 and, with her husband Larry, began working to preserve the area that is now Quarry Park. She helped form Midcoast Parklands, which succeeded in acquiring the parcel and managing it for 15 years. She served on the board of Granada Sanitary District from 2000-2008, and now serves on the GCSD Parks Committee.

To register, go to <https://www.eventbrite.com/e/quarry-park-mixed-habitats-and-a-preservation-success-tickets-89648690647>

4—May 9: EL GRANADA HISTORY – DANIEL BURNHAM AND THE OCEAN SHORE RAILROAD, Co-Leader: Nancy Marsh

GCSD Parks Committee Chair Nancy Marsh will co-lead this walk. Learn about the distinctive formation of El Granada, the exciting advent of the Ocean Shore Railroad, and the community's early history. The walk covers about a mile and a half, with views of the harbor, one of the early train stations, the remnants of the curbs, and a number of original houses. Walkers will also hear about concepts for creating Burnham Park on GCSD's property on the east side of Route 1. Meet in front of the GCSD office at 504 Avenue Alhambra.

Nancy Marsh has lived in El Granada since 2015 and is in her third year as a volunteer member of the GCSD Parks Advisory Committee. Having lived most of her life in boring suburban housing developments, she loves the eclectic nature of El Granada and its history.

To register, go to <https://www.eventbrite.com/e/el-granada-history-tickets-89646084853>

CLASSES

February 5–March 11: BEGINNING KNITTING FOR ADULTS, Instructor: Marybeth McCrumb

Ages: 18+

Preregistration: Required

Meeting Place: GCSD Office, Wednesdays, 6 weeks (February 5 to March 11) from 10:00 am–12:00 noon.

Cost: \$100 per student; includes all materials, minimum 6, maximum 10 students

For novice and beginning knitters: Or perhaps you are already a knitter who would like to brush up on the basics. From simple scarves to intricate sweaters and shawls—the possibilities of knitting are endless. Start with this solid foundation class and you will be well on your way to amazing creations. In this class you will learn various methods for casting-on, binding-off, knit and purl stitches, counting stitches and rows for an even piece, knitting in the round, increasing and decreasing stitches, as well as how to read patterns. Each student will receive everything needed to create a beautiful scarf (materials included in course fee) with the option to add on a coordinated beanie. A basic two hour class consists of: 30–60 minutes instructor lesson and demonstration followed by 60–90 minutes of hands-on practice.

To register, go to <https://www.eventbrite.com/e/beginning-knitting-for-adults-tickets-89651270363>

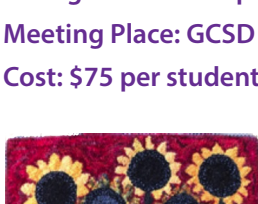
February 24–March 23: RUG HOOKING FOR KIDS AFTER SCHOOL, Instructor: Vicki Rudolph

Ages: 8-11, boys and girls

Preregistration: Required

Meeting Place: GCSD Office, Mondays, 5 weeks, (February 24 to March 23) from 3:00 pm–4:30 pm

Cost: \$75 per student; all materials included, minimum 6, maximum 12 students



Learn to create a beautiful design like this one! Many different designs to choose from the first day of class. The traditional method of rug hooking allows children to easily take strips of wool, yarn, and other fibers to create a "fiber painting". The manual hooking process brings loops of fibers through monk's cloth fabric to create a variety of shapes within a design. Each child will create a 7" x 7" finished mat. The instructor supplies all materials plus colored pencils and paper for the children to draw their own pattern, or they can choose any one of her designs. Children enjoy rug hooking because it can be learned and a project can be completed quite quickly. The children will also learn the skills of cutting wool and adding embellishment with other fibers.

To register, go to <https://www.eventbrite.com/e/rug-hooking-for-kids-after-school-tickets-89664572149>

February 11–March 17: ROSEN METHOD MOVEMENT, Instructor: Kate O'Shea

Ages: 18+

Preregistration: Required

Meeting Place: GCSD Office, Tuesdays, 6 weeks (February 11 to March 17) from 10:30 am–11:30 am

Cost: \$30 per student for 6 classes; minimum 6, maximum 12 students



Rosen Movement classes promote ease of movement, inner awareness, relaxation and liveliness. This Movement was founded by Marion Rosen, PT and health educator.

A basic one hour class consists of:

- Warm up: easy mid-range movements of all your joints and activation of the core muscles and diaphragm.
- Stretch: lengthening movements of your arms and torso, encouraging inner awareness and natural breath.
- Circle: Leg movements, stepping, balance work while holding hands for support.
- Across the floor: Putting all together to play, dance and have fun.
- On the Floor: Movements for your spine, relaxation, awareness and integration

Throughout the class there is music that supports and inspires.

Wear comfortable clothes to move in and bring a mat for the floor.

To register, go to <https://www.eventbrite.com/e/rosen-method-movement-tickets-89667976331>

February 8, March 14, April 16: CPR/AED, Instructor: Michelle Dragony

Ages: 8 and up; children under 18 must be accompanied by a parent or legal guardian

Preregistration: Required, minimum 4 and maximum 12 participants

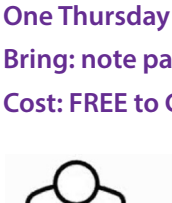
Meeting Place: 111 Vassar Ave, Princeton

Two Saturday Family Classes: February 8 and March 14, 10:00 am–2:00 pm

One Thursday Adult Class: April 16 10:00 am–2:00 pm

Bring: note pad, pen, snack and wear comfortable clothes

Cost: FREE to GCSD Community; includes book, card, rescue breathers and gloves



Whether you need to help your family or the community, Cardiac Pulmonary Resuscitation (CPR) is a great skill to have. Learn from a certified instructor in MEDIC HSI, CPR, and First Aid. This class is fun for the family and is great for those who need to renew their certification for work. Learn what a regular person can do in case of an emergency – be ready for a disaster. This Medic Care course is video-driven, includes hands-on skills practice and meets Red Cross and American Heart Association curriculum requirements. Beginners welcome.

To register, go to <https://www.eventbrite.com/e/cpraed-training-free-for-gcsd-residents-tickets-89672010397>

April 8, June 5, October 16: ADAPTIVE CYCLING FOR KIDS WITH SPECIAL NEEDS, Instructors: Bay Area Outreach Recreation Program (BORP)

Ages: 6–14, Parents must accompany children

Preregistration: Required (limited Space)

Meeting Place: Coastal Trail at Magellan E, near restrooms at the south end of Mirada Surf West County Park, El Granada

Wednesday, April 8, Friday, June 5 and Friday, October 16 from 3:00 pm–5:00 pm, El Granada

Cost: Free to GCSD residents



A Fun Afternoon for Kids and Their Families

Join kids from the El Granada Community and their families for an introduction to cycling with adaptive cycles on the coastal trail next to El Granada. Instructors from the Bay Area Outreach Recreation Program (BORP) will provide a variety of stable kids-size tricycles and other adaptive non-motorized cycles designed for kids with disabilities. This quarterly event is organized and sponsored by the Granada Community Services District. There is no cost for use of the cycles for a short leisurely ride on our local trail. Open to kids ages 7-12. Beginners are encouraged, no previous cycling experience required. A parent must accompany their child.

Bring: Several layers of warm clothes, sturdy shoes and a warm jacket, lunch

To register, go to <https://www.eventbrite.com/e/adaptive-cycling-for-kids-with-special-needs-tickets-89676684377>